Books To Help Children Cope With Separation And Loss: An Annotated Bibliography

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Arranged by topic, each annotated entry provides a review of plot and theme, interest/reading level, suggestions for use, and full bibliographic information. Issues include Homelessness, Economic Loss/Parents Out of Work, and Race Relations. The best way to help children face significant changes or losses is to let them know what is happening as soon as the loss, separation, or change seems definite. When parents try to delay telling the news, they often underestimate how sensitive children are to parental preoccupation and tension. Telling a child about an impending loss not only prevents the distress and anxiety that may build as the child increasingly wonders what is wrong but also allows the child to begin to prepare for what lies ahead rather than being caught off guard. The child has a chance * Rudman, M. (1993). Books to help children cope with separation and loss: An annotated bibliography (4th edition). New Providence, N.J.: R.R. Bowker. * Woodman, L. (1993). Annotated bibliography for preadolescents from divorced families and their parents and teachers. Plymouth State College. [ED 360 621].

Using children’s literature as a tool for problem solving is a meaningful way for teachers to understand and help children with problems. Through the exploration of stories, discussion, and reflections on their own experiences, children can begin to perceive the complexities of the world in which they live.
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