Basic Nursing: Essentials For Practice

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1. A nurse is assessing a patient’s stage of behavioral change. Which statement by the patient will indicate to the nurse that the patient is in the preparation stage? a. “I started to exercise regularly, but it didn’t last long.” PTS:1 DIF: Cognitive Level: Analyzing (Analysis) REF: 17-18 OBJ: Discuss the health belief, health promotion, basic human needs, and holistic health models of health and illness and their relationship to patients’ attitudes toward health and health practices. TOP: Nursing Process: Implementation MSC: NCLEX: Management of Care.

3. A nurse is assessing a patient’s risk factors for heart disease and...